

Our Favorite Books

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- Braziel, Jana Evans and Kathleen LeBesco. 2001. *Bodies Out of Bounds: Fatness and Transgression*. Berkeley: University of California Press.
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- Cottom, Tressie McMillan. 2019. *Thick: And Other Essays*. New York: The New Press.
- Davis, Georgiann. In progress. *#INTERSEXYFAT: In Pursuit of the Ideal Body*. New York, NY: New York University Press.
- Dooner, Caroline. 2019. *The F*ck It Diet: Eating Should Be Easy*. New York: Harper Wave.
- Farrell, Amy E. 2011. *Fat Shame: Stigma and the Fat Body in American Culture*. New York: New York University Press.
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- Harrison, Christy. 2019. *Anti-Diet: Reclaim Your Time, Money, Well-Being, and Happiness Through Intuitive Eating*. New York: Little, Brown Spark.
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- Kinzel, Lesley. 2012. *Two Whole Cakes: How to Stop Dieting and Learn to Love Your Body*. New York: The Feminist Press.
- LeBesco, Kathleen. 2004. *Revolting Bodies? The Struggle to Redefine Fat Identity*. Amherst, MA: University of Massachusetts Press.
- Laymon, Kiese. *Heavy: An American Memoir*. New York: Scribner.
- Miller, Kelsey. 2016. *Big Girl: How I Gave Up Dieting and Got a Life*. New York: Grand Central Publishing.
- Oliver, J. Eric. 2006. *Fat Politics: The Real Story Behind America's Obesity Epidemic*. New York: Oxford University Press.
- Rothblum, Esther and Sondra Solovay. 2009. *The Fat Studies Reader*. New York: New York University Press.
- Saguy, Abigail C. 2013. *What's Wrong with Fat?* New York: Oxford University Press.
- Strings, Sabrina. 2019. *Fearing the Black Body: The Racial Origins of Fatphobia*. New York: NYU Press.
- Taylor, Nicole. 2016. *Schooled on Fat: What Teens Tell Us About Gender, Body Image, and Obesity*. New York: Routledge.
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Wann, Marilyn. 1998. *Fat!So? Because You Don't Have to Apologize for Your Size*. New York: Ten Speed Press.

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